

## B.S. & B.S.E. EXERCISE SCIENCE AND HEALTH PROMOTION



COLLEGE OF EDUCATION  
DEPARTMENT OF EXERCISE SCIENCE AND HEALTH  
PROMOTION

ACADEMIC LEARNING COMPACT

All ESHP students are required to take PET 4947 (Practicum) and PET 4946 (Internship), which is a progression from a supervised field classroom experience and then a total field experience with a minimum of 400 agency-based hours supervised by a health promotion or fitness professional. This experience integrates classroom knowledge from the Exercise Science and Health Promotion (ESHP) sequence, practice sequence, research sequence; students use this knowledge base to develop skills to intervene with various clients.

**CONTENT KNOWLEDGE (Declarative Knowledge; Technical Skills): Graduates will demonstrate the content knowledge and discipline-specific skills necessary for beginning generalist practice with individuals, groups, and communities in the Exercise Science and Health Promotion field. A full list of these KSAs is available by consulting the American College of Sports Medicine's Health Fitness Instructor Quick Check: <http://www.acsm.org/certification/textdocs/self-hfcheck.doc>**

Evaluation of students' content knowledge is based on the following processes:

1. Students will be required to demonstrate mastery of this content knowledge through practical exams in PET 4550 (Exercise Testing) and in PET 4947 (Practicum). Evaluation of the practical exams in class will be based on criteria presented in the course syllabus which has been reviewed by the American College of Sports Medicine and the National Strength and Conditioning Association as meeting their standards for preparing professionals. Criteria include presentation organization, thoroughness of presentation, knowledge and skills demonstrated in the practical exam. The university-based field faculty will evaluate all practical exams.
2. Additionally, agency-based field directors will evaluate individual students' overall content knowledge and skill via the ESHP Internship Evaluation of Student's Performance.

**COMMUNICATION (Oral Communication): Students will demonstrate oral communication abilities through the presentation of a bulletin board and class**

**lecture. Criteria include presentation format, eye contact, ability to respond to questions, and appropriate mastery of language associated with the specific topic presented.**

**COMMUNICATION (Written Communication): Students will demonstrate written communication abilities in the field site through agency documentation requirements. Criteria for evaluation include concise written communication and the appropriate description of client assessment and interventions plan.**

Students are assessed for the communication abilities in the following two ways:

1. A requirement of PET 4947 is the oral presentation of a health/fitness topic. Each presentation is evaluated based on criteria developed by the faculty of the ESHP department and is outlined in the course syllabus. Presentations are evaluated by a faculty member. In this oral presentation, students must demonstrate their ability to communicate an integration of all sequence areas in the ESHP curriculum.
2. In the final field evaluation of individual students' performance, agency-based directors and faculty will evaluate each student's ability for written and oral communication via the ESHP Internship Evaluation. Specifically, field directors and faculty evaluate the students' ability in both written and oral communication as it relates to performance within their agency setting.

**CRITICAL THINKING SKILLS (Analytical Skills, Creative Skills, Practical Skills): Students will demonstrate critical thinking skills in their oral presentation of a health-related fitness topic and during practical exams.**

Students are assessed for critical thinking using two methods.

1. Using criteria developed by the faculty of ESHP department and identified in the course syllabi of PET 4550, PET 4946, and PET 4947, internship site directors and faculty will evaluate each oral presentation for the demonstration of critical thinking. Criteria are based on a student's mastery of content found in the practice sequence, the ESHP curriculum, the research sequence and the KSAs. All of this content must be used to adequately understand appropriate comments related to working in this profession.
2. Students will also be evaluated for critical thinking skills by internship directors and ESHP faculty via the ESHP Internship Evaluation of the Student's Performance.

Approved 1-19-2006

**COMPLETE DEGREE REQUIREMENTS APPEAR IN FAU'S UNIVERSITY CATALOG**